



FOR IMMEDIATE RELEASE

## **Congratulations to Oak Park Neighbourhood Centre on becoming a HIGH FIVE® Accredited Organization!**

TORONTO, ON (December 15, 2021) – HIGH FIVE Accreditation is the highest recognized level of quality and safety in children’s sport and recreation in Canada. Organizations that have achieved Accreditation have been registered with HIGH FIVE for at least three years and are distinguished by their focus on healthy child development in all aspects of their operation, from programming to policies and risk management. Developed by Parks and Recreation Ontario, HIGH FIVE is a nationally recognized quality standard for recreation and sport programs.

Today, Parks and Recreation Ontario extends its warmest congratulations to Oak Park Neighbourhood Centre (OPNC). OPNC is a community-based agency founded in 1999 serving over 3000 individuals in Oakville. The organization supports the community through diverse programs and resources to relieve poverty, offer educational opportunities, and provide recreational and social programs. OPNC also offers programs for toddlers, children, and youth. “We couldn’t be more proud that Oak Park Neighbourhood Centre has joined us as an Accredited Organization” says Cathy Denyer, CEO of Parks and Recreation Ontario. “The work they do to bring together the North Oakville community and ensure a high quality of life for the families they support is commendable.”

### **About HIGH FIVE:**

HIGH FIVE is Canada’s comprehensive quality standard for children’s programs and holds true to the following five Principles of healthy child development that our research indicates are essential for providing a positive experience for kids: A Caring Adult, Friends, Play, Mastery and Participation. HIGH FIVE consists of Training and Development, Program Assessments, Policies/Procedures, and Awareness. [www.HIGHFIVE.org](http://www.HIGHFIVE.org)

### **About Parks and Recreation Ontario:**

Parks and Recreation Ontario (PRO) is a non-profit membership association that advances the health, social and environmental benefits of quality recreation and parks through evidence-based practices, resources and collaborative partnerships. [www.prontario.org](http://www.prontario.org)  
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