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COVID-19 UPDATE

PRO Updates:

- PRO continues to **meet with staff from the Ministry of Heritage, Sport, Tourism and Culture Industries** and is sharing data about the impact of COVID-19 on operations now. PRO is also **participating in two sub-committees** that are reporting directly to the Minister's office. The recommendations of these committees are going to the Ministry this week.
- The Minister announced that **guidelines for return to community sport will be available in early June**. The government is also development a risk assessment tool for return to sport.
- PRO is **posting regular updates** from the government in the PRO News Brief and on [our website](#).
- We will continue to **compile helpful resources**, posting them on our social media accounts, on our [COVID-19 Resources](#) Page and the [PRO Knowledge Hub](#).
- PRO is **determining best policies and procedures** and developing guidance documents for parks and recreation operations once the pandemic restrictions are lifted. We are working with public health and recreation stakeholders to create essential information geared to operations in our sector.
- PRO is **convening working groups** to help develop common approaches and operating guidelines. These will be circulated as developed.

RESOURCES

To Watch

CPRA Recorded Webinar on Cyber Security

As the technology landscape continues to evolve, organizations across all industries must rely heavily on strong and secure cybersecurity frameworks. Parks and recreation departments are no exception. In order to reliably provide important community information and programming, and to safeguard the personal and financial information collected through registrations, cybersecurity is of utmost importance. Click below to watch the webinar, recorded on May 20, 2020.



To Learn



Field Guide for Camps on Implementation of CDC Guidance, May 18, 2020

A report provided by Environmental Health & Engineering, Inc. (EH&E) offers guidance to assist the American Camp Association and Y-USA and stakeholder organizations regarding current practice considerations in addressing COVID-19.

[Click here](#) to read the report.



Decision Tool for Opening Camps and Programs for Children (CDC)

The purpose of this tool is to assist directors or administrators in making (re)opening decisions regarding youth programs and camps during the COVID-19 pandemic. In Ontario, organizations are not yet permitted to operate programs, but this tool will be useful once restrictions are lifted and it will be important to work with local public health when making decisions about programs.

[Click here](#) to download the tool.

GRANT OPPORTUNITY

Apply today for the Emergency Community Support Fund from the Government of Canada.

A total of \$350 Million in grant funding will be allocated to community organizations that are providing services and support to the most vulnerable populations during the COVID-19 crisis. Only charities and non-profit organizations can apply and projects must be carried out by March 2021. [Click here for more information](#).

To Do

June might be different this year, but it's STILL recreation and parks month!



June is Recreation and Park Month (JRPM) is a movement that promotes the benefits of recreation and parks for physical, social, and environmental health. Communities across Ontario have embraced JRPM as a way to promote local programs and events, parks and facilities that are available for all citizens to enjoy.

This year, with COVID-19 measures in place, PRO has come up with activity ideas to celebrate the month at home, with those you are living with and while keeping a safe distance from others. This will be our most creative JRPM yet! We have two initiatives for you to share and participate in:

1. JRPM Activity Bingo

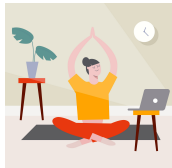
[Click here](#) to download the Activity Bingo board. Using the accompanying Activity Guide with ideas, complete an activity in each category. Share your progress on social media and tag [@Prontario](#) and [@RecreationAndParksMonth](#)!

2. Nominate a JRPM Champion

PRO would like to showcase the individuals in our communities who are champions of parks and recreation through leading community initiatives, supporting parks and recreation programs or have inspired you to be active and outdoors. We will highlight the JRPM Champions throughout the month of June and July and share what they do in their communities with the rest of the province! [Click here](#) for more information.

PHYSICAL ACTIVITY CORNER

Tips and tricks for staying active and healthy while practising physical distancing at home



A study [published earlier this year in the International Journal of Sports Physiology and Performance](#) offers an interesting perspective as to why exercising during quarantine may feel like climbing a mountain at times. The study focused on one key variable – affective feelings – when diving deeper into the psychology of the time trial. Affective feelings simply mean how much pleasure or displeasure one takes from the experience, which in this case is working out alone. [Read more here](#).

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