



ONTARIO RETURN TO CYCLING UPDATE V.3 – June 10, 2020

OCA SANCTIONED VS. NON-SANCTIONED ACTIVITIES

It is important to clarify what is meant when we refer to OCA sanctioned activities. Sanctioned activities are those that are run by clubs/teams who have submitted the required paperwork for their activity and received approval from the OCA and have had all participants complete the OCA Assumption of Risk relating to COVID-19 waiver. These activities provide the club/team and its members with insurance coverage.

Additional Notes/Clarification to Common Questions:

- Insurance is provided for members at all OCA Sanction Events/Competitions
- Insurance will not cover members involved in non-sanctioned competitions
- Insurance does not provide 24 hr coverage of member activities
- Members are able to participate in individual training and group rides with friends/family outside of club/team activities. However, these activities are not covered by the Insurance Program

PERMITTED SANCTIONED ACTIVITIES

1) Club and Team Group Activities - including group rides and coach led training activities ARE ELIGIBLE FOR SANCTIONING under the following requirements:

- a) All participants must have a valid 2020 OCA Membership
- b) Activities must adhere to the most up to date published *[OCA Progressive Return to Cycling Policy](#)*
- c) All participants must have signed the **ONTARIO CYCLING ASSOCIATION ACKNOWLEDGEMENT, RELEASE, IMDEMNITY and ASSUMPTION of RISK regarding COVID-19**
[Adult Waiver](#)
[Minor Waiver](#)
- d) Coach led training must continue to abide by Responsible Coaching Movement and Safe Sport requirements [i.e. One on One Coaching with an athlete under 18 is not permitted]
- e) Participants must adhere to all provincial, regional, and municipal restrictions [e.g. physical distancing]
- f) Activities must be submitted and approved as per OCA Process/Policy for Sanctioned Activities [previously submitted/approved activities must be re-submitted]

g) Groups must be comprised of ten (10) or fewer participants at all times **EFFECTIVE JUNE 12, 2020:**

- A sanctioned Group Activity **CANNOT** have more than ten people involved – this includes prior to the start (warm-up/preparation) to the end of any activity (congregation in parking lot leading to departure).
- Clubs/Teams **CANNOT** have more than ten people meet at a location [even at physical distance] and then break into smaller groups.
- Participants **ARE NOT** interchangeable within the same activity [e.g. two participants cannot leave the activity and two different participants join] – this would constitute the activity to involve more than ten people
- Activities **CANNOT** be structured to have groups [ten or less] arrive and participate at different start times within the same activity. As example, hosting a time trial type of activity over a 4- hour period where ten or less participants arrive every 30 minutes to complete their effort and depart prior to the next group arriving. The total accumulation of all participants [10 each half-hour] would violate the provincial regulations regardless if no more than ten people are present at any one time.

2) Virtual Racing/Training – **REMAIN ELIGIBLE FOR SANCTIONING**

3) Recorded Club/Team Managed Individual Rides – **NOT PERMITTED**

Upon further consultation with our legal experts, it has been decided that the hosting of recorded individual activities over an established timeframe and location may not comply with provincial restrictions and are no longer eligible for sanctioning at this time.